

# VIBE LEVELS:

## High Levels

- 10 Peace, Bliss, Illumination, Enlightenment
  - 9 Love, Joy, Complete, Serenity, Oneness
  - 8 Understanding, Reason, Compassion, Wise
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## Mid Levels

- 7 Optimism, Intention, Forgiveness, Acceptance
  - 6 Courage, Affirmation, Empowerment, Neutrality
  - 5 Pride, Vengeful, Anger, Hate, Scorn, Indifferent
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## Low Levels

- 4 Fear, Anxiety, Desire, Disappointment, Denying
- 3 Grief, Regret, Hopeless, Despair, Apathy
- 2 Shame, Humiliation, Miserable, Guilt, Blame
- 1 **DEAD**

# LEVELS OF VIBRATION

- **3rd layer = Highest Level (8-10) / VIBE Level (V.I.B.E. ZONE)**

**Owning it ALL! ALL is ONE! Connected and in the flow**

This is what we call the VIBE-ing HIGH levels. This is where magic and miracles occur. This is where manifesting, power, peace, love, and grace are fully present within you. This is where we intend, with practice that you will mostly DWELL within these levels on purpose rather than on occasion and/or accidentally.

- **2nd layer = Mid – Level (5-7) / The Ordinary**

When you start to bring your vibrational level into these levels you are starting to experience life with power. The mid-level of life is where most of us operate on a daily basis.

- **1st layer = Lowest Levels (1-4) / The Dead Zone**

1<sup>st</sup> layer is living below a vibrational level filled with self-destruction. Another way of saying this is living below a certain level of consciousness.

